

#rorylila



Rory & Oh Lila: The Story so far...

Jane Wilson
Learning & Business Development Lead, Alcohol Focus Scotland






The size and scale of the problem

- 84% of adults in Scotland drink alcohol
- 1 in 4 adults drink at hazardous or harmful levels
- There are 22 alcohol-related deaths in Scotland every week

Every week **22** people die from an alcohol related illness

Equivalent of 2 football teams



£ ALCOHOL HARM COSTS SCOTLAND £3.6 BILLION A YEAR.




The size and scale of the problem

51,000 Children live with a harmful drinking parent

1 in 5 children in the UK are affected by their parents' drinking



What children think...

- Almost half thought adults shouldn't drink in front of their children.
- 8 in 10 who had seen adults drinking said they noticed a change in the way they behaved.
- 1 in 3 said they felt scared when they saw an adult drunk.



Scotland's national alcohol charity

reducing harm caused by alcohol




Getting to know us



Individuals Families Communities Scotland

www.alcohol-focus-scotland.org.uk

Children aged 3-5 years

Aim: Build resilience and protective factors

In using Oh Lila we aim to help children:

- Ask for help
- Identify trusted adults
- Develop social skills
- Explore emotions

Programme delivered in nurseries by trained staff.



www.Ohlila.org.uk


Children aged 5-11 years

Aim: Build resilience and protective factors


In using Rory we aim to help children:

- Encourage children to ask for help.
- Build empathy and understanding
- Help children feel less confused and guilty about what may be happening at home.


Programme delivered in schools by trained teachers



www.roryresource.org.uk




The story so far....



701
Trained Rory Teachers across Scotland
75% Greater Glasgow and Clyde

610
Trained Oh Lila Practitioners across Scotland
75% Greater Glasgow and Clyde




Impact of training

Rory

- o Increased confidence to use the resources
- o More aware of the impact of parental drinking on children and families
- o Increased confidence to manage disclosures from children about alcohol and parental drinking
- o More aware of the impact of alcohol in Children and Family
- o More aware of alcohol issues in Scotland

Oh Lila

- o Increased confidence to use the resources
- o More aware of early intervention
- o More aware of the impact of alcohol in Children and Family life
- o More confident to manage a disclosure from children
- o More aware of alcohol issues in Scotland.



www.ohlila.org.uk

**It is easier to build
strong children
than to repair
broken men.**
Frederick Douglass



Thank You
Jane.Wilson@alcohol-focus-Scotland.org.uk



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