

“The best public services work with the grain of people’s social relationships...”

Ties that Bind, DEMOS Research, Duncan O’Leary and Jo Salter

Mandy Morrison and Andrea McGowan
Quarriers Family Resource Centre and Barlarnark Family Support Service



Early intervention in the early years



Family Resource Centre
A community development approach to 'whole family support'

Barlarnark Family Support Service
Supporting families affected by parental substance use

Opt In and Opt In Early Years
Ensuring every child succeeds in transitions within education

Kinship Care Service
Providing case management and support on behalf of social work services to kinship families

Maternal Mental Health
Providing specialist support and groupwork to mum, mums-to-be and their families

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Family Resource Centre and Barlarnark



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Let’s Talk

Pilot year

- originally based at Ruchazie Family Centre
- cover three schools within Glasgow North East
- one staff member

Aim was to create a bespoke service discussing issues around mental health to children, parents and teachers.

- to reduce stigma
- to educate children and teachers
- to help provide coping strategies and better understanding of difficult situations.



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Next Steps:

We are expanding through the use of additional SeeMe Funding and the pupil equity fund.

- Working within 8 Schools throughout Glasgow North East
- An additional 2 Full time and One Part Time worker
- Role of the development worker will provide Taster Sessions to other local schools. These include Mindfulness, In-service days and Training
- Continuing to provide a bespoke mental health approach to each school.
- The pack will increase and develop as a resource, and all resources will be available online.
- We will be distributing the packs both locally and to other local authorities.

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Evidence-based model

- Demos *A Wider Lens*, 2013 - report on multiple disadvantage
- Demos *Ties that bind* report, 2014 - whole family approaches to tackling disadvantage
- IRISS - Institute for Innovation and Research in Social Services
This is where it starts – case studies of best practice
- Peri-natal mental health research group 2013 resulted in setting up of post-natal support group
- Current PhD research in partnership with Caledonian University
- Stirling University evaluating service over next three years

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Finally...

Any questions?

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